

**Northwest Judo Yudanshakai**  
**Self-Defense Instructor Certification Course**  
**Ojukan Judo Dojo (ojukanjudo.org)**

USJF Sanction # 14-03-16  
Oregon National Guard Armory  
848 NE 28<sup>th</sup> Avenue  
Hillsboro, OR 97124  
March 15 & 16, 2014 (Sat & Sun)

On the weekend of March 15, 2014, Ojukan Judo will be hosting a 2-day course designed for the instruction and certification of self-defense curriculum. Certification will be available for USJF members, although attendance is welcomed (for non-certification) for USA Judo, and USJA members. If you already have attended a NWJY Self Defense Clinic and have a Training Manual, there is no need to buy another. Please bring your manual to the clinic. Open to current members of the USJA, USA Judo/USJI, or USJF. Must present current membership card at door. Present completed form at the door or fill-in on site.

### **Fees**

Course attendance - \$25  
Self Defense Training Manual - \$35

### **Rank Requirements**

- Trainer (trains and certifies Teachers) – Sandan
- Teacher – Shodan
- Assistant Teacher – Brown Belt

Upon successful completion of this seminar, students will need to complete a USJF Self Defense Certification Application. The USJF self-defense application will also require a clear background check, and a current First Aid/CPR certification. Forms for background check and the USJF Self Defense Certification Application can be downloaded here:

<http://www.usjf.com/downloads-from-usjf/>

If you would like to apply for a USJF membership, application forms can be downloaded here:

<http://www.usjf.com/wp-content/uploads/2011/07/585IndividualMembershipForm110723.pdf>

### **Schedule**

#### Saturday

7:30 – 8:00AM	Registration
8:00 – 8:15AM	Dee High introductions
8:15 - 8:30AM	Rich Muller, what you can do legally in the name of self-defense
8:30 – 10:00AM	Self-defense class
10:00 – 10:15AM	Break
10:15 – 12:00PM	Self-defense class
12:00 – 1:00PM	Lunch
1:00 – 1:15PM	Police Officer Ed Vance, crime activity in our area
1:15 – 3:30PM	Self-defense class
3:00 – 3:15PM	Break
3:15 – 5:00PM	Self-defense class

#### Sunday

8:00 – 10:00AM	Self-defense class
10 – 10:15AM	Break
10:15 – 1:00PM	Self defense class
1:00PM	Wrap-up

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**Registration Information**

Name (PRINT)	
Rank	
Club	
<input type="checkbox"/> USJF <input type="checkbox"/> USA Judo <input type="checkbox"/> USJA	Member # Expiration Date (mm/dd/yyyy):
Address – STREET	
Address – CITY/STATE/ZIP	
eMail	
Phone	
Training Manual <input type="checkbox"/>	← Check here to indicate you are purchasing book

**Parent/Legal Guardian Consent for Judoka under 18 years of Age:**

I, the undersigned parent or legal guardian of the named student

\_\_\_\_\_, (print name of student)

Understand the method and risk of instruction for this self-defense clinic. I have agreed to allow my child to participate in this event.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**Special Needs**

If assistance/accommodation is needed (check off appropriate box):

- Vision Loss/Blindness
- Hearing Loss/Deafness

**Hotel**

Hillsboro Comfort Inn <http://goo.gl/maps/BjsM1> (link to Google maps)

(866) 460-7456

3500 NE Cornell Road

Hillsboro, OR 97124

*Current lodging rates for March 14/15 are \$99/night +taxes.*

**Contacts/Notification:**

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